

Mexican Rice

Milk

Mandarin OrangesFresh Fruit

Milk

• Cinnamon Apples Fresh Fruit

## October 2024 High School Menu Student \$2.90 | Adult \$4.25

## **National School Lunch Week:** Oct. 14-18

Monday	Tuesday	Wednesday	Thursday	Friday
7	1 Doritos Walking Taco Lettuce & Tomato Pinto Beans Rosy Applesauce Fresh Fruit Mexican Rice Milk	2 Orange Chicken* with Rice     Broccoli     Baby Carrots     Pineapple Chunks     Fresh Fruit Crunchy Noodles Milk o	3 Chicken Nuggets* • Green Beans • Creamed Potatoes • Peaches • Fresh Fruit Wheat Roll Milk 10	4 Pulled Pork Sandwich**  • Sweet Potato Fries  • Coleslaw  • Chilled Pears  • Fresh Fruit Milk
<ul> <li>Steak on a Bun</li> <li>Potato Rounds</li> <li>Green Salad</li> <li>Cinnamon Apples</li> </ul>	Beef Soft Tacos  Lettuce & Tomato Refried Beans Mandarin Oranges	<ul><li>Spaghetti with Meat Sauce</li><li>Broccoli</li><li>Mixed Vegetables</li><li>Fruit Cocktail</li></ul>	10	

Fresh Fruit

Breadstick

Milk

<sup>\*</sup> Item may contain poultry products.

## Offer versus serve regulation is implemented in this school. For a complete MEAL, select at least three different items (one item <u>must</u> be a fruit or vegetable).

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the -2600 (voice and TTY) or

contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <a href="https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf">https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter n in

sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1.